

# Person Centered Planning

## **What is person centered planning?**

- Person centered planning (PCP) is the process of creating an Individual Service Plan (ISP) for the participant.
- All supports and service plans for adults receiving Medicaid developmental disability services are based on the participant's specific needs and strengths.
- PCP includes people who know the participant well and are important in the participant's life.
- PCP is a group discussion which results in the plan of services for the participant.

## **Who is included in person centered planning?**

- The participant, the plan developer, and/or the participant's guardian, chooses who to include in this process.
- Participants usually invite family members, advocates, and sometimes service providers.
- Plan developers or support brokers must be involved in the meeting.
- The participant is always included in the PCP, unless the participant is medically or emotionally unable to attend.

## **When does the person centered planning meeting happen?**

- The PCP meeting happens at least once a year, three months before the start of a new plan year, when the participant develops a plan for developmental disability services.
- The PCP meeting can happen at any time if the plan needs to be changed or modified.

## **Why have a person centered planning team?**

- The PCP team can help choose the services that best meets the participant's individual needs.
- The PCP team includes ideas from many people about the available resources in the area.
- The PCP team can look at the participant's situation with detachment and help solve problems without bias.